

# The View – Summer 26 – Issue 34



**It's fete time again**

**Saturday 4<sup>th</sup> July**

12noon to 5pm

See pages 4 & 5 for more details

## Useful contact details

With the increasing number of new residents and visitors to our area, in our last issue we listed a page of useful local contact details.

From the feedback I've had it seems people like the idea. As a result, I'm going to make it a regular feature. So please let me know if you think we've missed any important contact details or phone numbers.

My thanks to Mr. Chris Clarke for compiling this list.

Gas Emergency	0800111 999
Electricity Emergency	0800 678 3105
General Emergency Calls	999
Non-emergency	101
South West Water	0344 346 20
Police liaison Officer (email): joanne.addems@devonandcornwall.pnn.police.uk	
Crimestoppers	0800 555 111
Calstock Parish Council	01822 748 847
Calstock Parish Archive	01822 833 973
Cornwall Council	0300 1234 100
Cornwall Councillor for Calstock Division: Angus Black (email): cllr.angus.black@cornwall.gov.uk	
Health Centre (Gunnislake)	01822 832 641
Health Centre Pharmacy	01822 835 000
Post Office Gunnislake	01822 832 297
Tamar Valley Nursery	07411 649 613
Copper Valley School	Infants: 01822 832 550 Juniors: 01822 832 685
Your parish councillors for the large Delaware ward (St. Ann's Chapel, Albaston, Drakewalls and Delaware) of Calstock Parish Council are:	
Roger Alford	roger.alford@calstockparishcouncil.gov.uk
Gill Boreham	gill.boreham@calstockparishcouncil.gov.uk
Carol O'Brien	carol.o'brien@calstockparishcouncil.gov.uk
Ken Trapp	ken.trapp@calstockparishcouncil.gov.uk
John Wells	john.wells@calstockparishcouncil.gov.uk

The View is published by the St. Ann's Chapel & Drakewalls Community Group

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## Editor's Comments

Finally! After some seriously mixed cold and wet it looks like we might actually be seeing some nice early summer weather. So, hello and welcome to what I hope will be the sunny summer edition of The View, your local free newsletter.

On the positive side, the highlight of village activities coming up is our fete on July 4<sup>th</sup> in The King George V Recreation Ground in St. Ann's. Now in its fifth year our fete goes from strength to strength - More details on pages 4 & 5. Why not come along and have some fun? There will be plenty for all the family.

Sadly, I do have some bad news. If you don't know already, Paul, Emma and family have been forced to close The Rifle Volunteer. I want to take this opportunity to thank them for their continued support to our community in the time they were here. We would have struggled to put on things like the fete without their technical expertise and other support.

I believe discussions are ongoing with a prospective new tenant, so hopefully the pub/restaurant won't be closed for long. As the pub is now shut other Thursday night community activities are now on hold for the time being. So no more Open Mike night, Quiz Night or Bingo for the time being.

In this issue there's also a page (8) about a couple of local businesses well worth supporting: **The Tamar Valley Nursery** on Calstock Road in Gunnislake, which is a favourite of mine; and the very popular **Pop In Café** on Commercial Street in Gunnislake. Although out of the village, I've picked these two because you're sure of a friendly welcome if you visit either of them; and, as you know, amenities are very limited in our villages. Please contact me if you have a suggestion for the autumn edition of The View.

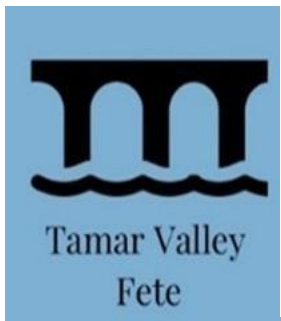
On pages 6 & 7 we have our now regular Parish news article contributed by Clare our clerk. This gives some information re parish council activities.

A slight departure this issue for our usual recipe on Page 10...yours truly poached it from the web...but as it's summer I thought a quiche would be a good idea.

You may have seen teams of Hi-Viz wearing people in the villages in recent months. These were from Voneus, a national company new to the area which specialises in providing broadband to rural communities. If you're suffering from poor or intermittent broadband connection like a lot of people do locally, then why not give them a call? Their full page advert is in the ads section at the back.

If you join them quote ref: NCA-6JR. Our community group will actually earn a small commission... money we spend on providing new 'stuff' for the village. Finally, have a lovely summer....

John Wells



## **Tamar Valley Fete @ St. Ann's Chapel**

**Saturday 4<sup>th</sup> July, 12 Noon – 5pm**

King George V Recreation Ground

Honicombe Lane

St. Ann's Chapel

Nearest Post code PL18 9FT

What 3 Words: envisage.fails.artist

The largest event of our year will be taking place on July 4<sup>th</sup>. This, the 5<sup>th</sup> edition of our fete will be even bigger & better than last year. It will be well sign-posted if you are new to the area or just visiting.

Last year's fete was very well attended across the afternoon, despite the weather being on the damp and dull side.

As well as access via the Honicombe Lane you can get to the fete by walking along the resurfaced footpath behind the Rifle Volunteer. There will be ample parking in the adjacent field if you're driving to the fete.

Listed below are some of the things already lined up:

- Live music throughout the afternoon.
- Hot food and a licenced bar
- Tea tent with cakes, teas, coffees, etc.
- Ice cream and pasty vans.
- Prize draw - £250 1<sup>st</sup> prize
- Market Street – with a wide range of outdoor stalls
- A Classic Car display
- The Devon & Cornwall Police Road Show and Cornwall Blood Bikes are scheduled to appear, as is the local Fire Dept., subject to call outs.
- We will also be having a Community area with many worthwhile local groups exhibiting, together with local schools, the Parish Archive and lots more.
- And of course, we'll be running our regular and very popular dog show. (For more information regarding dog show classes please see our Facebook page, details on the opposite page).

There will be lots of things for the children to do at the fete:

- A bouncy assault course
- Zorb ball
- Children's chair-o-plane ride
- Try your strength!
- Face painting
- Children's fancy dress
- Children's art competition
- Other stalls will have traditional games

At the time of writing we have filled our stall allocation, but we may yet have a last minute cancellation. So please use one of the methods below if you would like to be considered if a 3x3m pitch (or larger) does become available:

Our Facebook page: [Tamar Valley Fete at St. Ann's Chapel](#) or email us at: [tamarvalleyfete@gmail.com](mailto:tamarvalleyfete@gmail.com)

## The Tamar Valley Fete Needs **You**

Last year's fete was a success and was enjoyed by many visitors, and keeps on evolving, with better layout and more and more activities.

As you will appreciate there is a lot of work involved in planning and holding this event, and last year we struggled with a lack of volunteers, particularly on the day.

### **Can you help us this year?**

**We are seeking local volunteers to help - the more we have the less each volunteer has to do!**

The activities we need volunteers for are:- helping with set up and clear down of the field, taking entry monies, selling raffle tickets, car parking, stewarding on the field, helping layout straw bales, helping in the tea tent and the all-important part: enjoying being part of the fete itself.

If you would like to help us please contact us via our Facebook page or email us – address above.

We look forward to you joining us!

Ken Trapp



## **Calstock Parish Council**

The Tamar Valley Centre, Cemetery Road, Drakewalls,  
PL18 9FE  
[www.calstockparishcouncil.gov.uk](http://www.calstockparishcouncil.gov.uk)

A new council year is now underway.

At our Annual Meeting Jim Wakem and Mark Warwick were re-elected as Chair and Vice Chair respectively. The Council also agreed to continue to meet on the second Tuesday of the month, in the Tamar Valley Centre. Like most of our council committee meetings listed below, the full council meeting is open to anyone to attend.

We have a number of committees which also meet on Tuesdays (wherever possible). These include:

- Amenities, Roads and Parking
- Burials
- Environment and Climate Emergency
- Finance and General Purposes
- Planning
- Recreations and Open Spaces

With an annual turnover of approximately £380,000, 19 councillors and a population of over 7000, we really are a very busy parish council: in fact, we are one of the largest rural parish councils in Cornwall.

We are also extremely lucky to have so many active communities and volunteers within our villages who help to provide unpaid support and services. At our recent Citizen of the Year Award we recognised a handful of these people, including:

- The volunteers from Harrowbarrow and Metherell community shop, community association, village hall and social committee.
- the work of Gunnislake Community Matters and the Woodland Centre.
- Calstock in Bloom.
- the community members working on Town Farm Field in Calstock.
- Drip Drip who are campaigning for a cleaner and healthier river.
- the volunteers who help in Albaston Cemetery.

In addition, each ward is well represented with various other activities, including newsletters like this one, and Facebook pages. These are all administered by unpaid volunteers. They really do a sterling job.



*Pictured above: Jim Wakem presents Kate Goodman with the Citizen of the Year Award*

Our individual Citizen of the Year was awarded to Kate Goodman who is involved in many community activities in Gunnislake, and has recently taken over as Chair of Gunnislake Community Matters. Kate is also a member of our Environment Committee and is interested in taking on a Flood Warden role within the parish.



Our Community Award was presented to the Tamar Valley Community Fridge, co-ordinated by Mai Evans. This service provides food, which would otherwise go to waste, to those who feel financially stretched. Mai is ably helped by volunteers and Sue Hambley was particularly noted for the help she gives the Community Fridge and wider community.

A huge thank you to every volunteer – and our unpaid councillors – for the time and energy you give to our parish.

To contact the council about anything please email:

[clerk@calstockparishcouncil.gov.uk](mailto:clerk@calstockparishcouncil.gov.uk) or write to us at the Tamar Valley Centre, Cemetery Road, Drakewalls, PL18 9FE.

You can also phone 01822 748847. To contact Pete Gadd about the Outside Services, please email [estates@calstockparishcouncil.gov.uk](mailto:estates@calstockparishcouncil.gov.uk) or phone 07887 090445.

Your ward members are: Roger Alford, Gill Boreham, Carol O'Brien, Ken Trapp and John Wells.

*Clare Bullimore*

*Clerk to the Council*

[www.calstockparishcouncil.gov.uk](http://www.calstockparishcouncil.gov.uk)

Calstock parish is very large, but generally lacks amenities. So in this issue I'm going to start a new subject focusing on some local businesses.

The first is **the Tamar Valley Nursery** located along Calstock Road in Gunnislake. I've chosen this because the idea came to me while I was in there buying some compost. Anyway in the words of Mark himself....

....Nestled in the heart of the local community, our family-owned garden nursery is a place where plants, people, and good conversation grow together. We're passionate about helping customers find the perfect plants for their gardens while offering a friendly, personal service that only an independent business can provide. Whether you're a seasoned gardener or just starting out, you'll always find a warm welcome among our plants and gardens.

Alongside the nursery, our small farm shop is stocked with local produce, gifts, and seasonal treats, while our tea room offers homemade refreshments in a relaxed setting. Visitors can unwind in our unique tropical outdoor seating area, surrounded by lush planting and greenery — the perfect place to enjoy coffee, cake, and have a little escape from everyday life.

**Tamar Valley Garden Centre: Calstock Rd, Gunnislake PL18 9AA.  
Tel: 07411 649613**

Another favourite is the **POP IN CAFÉ and Community Hub**. Only open since last October, this is another favourite place of mine in the parish. They're at **6 Commercial Street in Gunnislake. Tel: 07534 942555**

For those that have not yet found us we are a café in the heart of Gunnislake and can seat up to 34. Since opening we have hosted a wake, birthday parties and several celebration evenings. We are available for private hire most evenings a week, and will close the café for private functions with over 20 attendees during the day.

We are open from 9 to 4 Mondays, Wednesdays and Thursdays, 9 to 5 on Friday, and 9:30 to 1 on a Saturday. However, we can stay open until 10 weekdays and until 4 on a Saturday if required. So, does your group need a meeting area?

Do you need a small local place to hold a function? Have you got a family get together and require a private space? We have a full menu and will adapt to meet your needs. Given notice we will cater a buffet for you. We do not hold an alcohol licence, but you are more than welcome to bring your own when attending the venue for a function.

A full Barista coffee menu is also available along with a selection of cold drinks. On a Friday we offer a 2-course meal for only £7 (booking required) as well as a Monday Madness of soup and sandwich deal for £5, as well as a drink and a cake offer every afternoon from 2 till 4. We've also added the opportunity to hire a picnic hamper and rug, you choose the food and drink you want it loaded with at only £15 per person.

## A390

The signalised Puffin crossing near Crow Lane is, I'm told, still scheduled for installation this Summer.

With more than 700 vehicles on average going through our villages every hour there are times when crossing the main road has become extremely difficult.

Hopefully in the next issue I'll be able to show a picture or two of the crossing in situ.

For some unaccountable reason we've recently had several quite serious accidents on Sand Hill between the station and Gunnislake traffic lights. It's hoped that these were just anomalies, as our safety record recently has been good.

On a slightly different note, the central processor controlling the traffic lights in Gunnislake went haywire the other week, and caused some serious delays. It took me half an hour to get across Newbridge and back home. However, after a few teething issues the new processor is apparently OK and the lights are working well.

## Speedwatch

Since we started our local Speed Watch group, a few months before the cameras went in 3 years ago, the A390 through our Parish has been a much safer road for both vehicles and pedestrians, even though the throughput has more than doubled.

We want to keep it that way.

If you have an hour to spare every so often why not become a Speed Watch volunteer? There's no minimum or maximum time we ask our volunteers to contribute - it's just when you can commit to a session.

Interested? Why don't you send me an email and we can discuss it?

[john.wells@calstockparishcouncil.gov.uk](mailto:john.wells@calstockparishcouncil.gov.uk)

## Tamar Valley Community Bus

The Community Bus does an invaluable job around the parish, and usually has a full timetable for both day trips and shopping visits to nearby towns, and even goes as far as places like Exeter.

Fares for all their journeys are very reasonably priced per trip.

The organisers publish a comprehensive list of trips they run every couple of months. So if you'd like to help or go on one of them please ring:

**Carol** on **07423 176732**.

The recipe for this edition is a nice **Quiche Lorraine**

## Ingredients

### For the Shortcrust Pastry

Plain flour: 200 g  
Cold unsalted butter: 100 g, diced  
Cold water: 2–3 tablespoons

### For the Filling

Smoked streaky bacon: 200 g, chopped  
Eggs: 3 large  
Double cream: 200 ml  
Milk: 100 ml  
Salt: to taste  
Black pepper: to taste  
Nutmeg: a small pinch



## Method

**Make the pastry** – Rub butter into flour until breadcrumb-like, add cold water gradually, and bring together into a dough.

**Chill the dough** – Wrap and refrigerate for 20–30 minutes to prevent shrinkage.

**Line the tin** – Roll out the pastry, line the tart tin, trim edges, and prick the base lightly.

**Blind bake** – Bake at 190°C (170°C fan) for 15 minutes with baking beans, then 5 minutes uncovered until lightly golden.

**Cook the bacon** – Fry the bacon gently until just cooked but not crisp. Drain on kitchen paper.

**Prepare the custard** – Whisk eggs, cream, milk, salt, pepper, and nutmeg until smooth.

**Assemble the quiche** – Scatter bacon evenly over the pastry base and pour over the custard.

**Bake gently** – Bake for 30–35 minutes until just set with a slight wobble in the centre.

**Rest before slicing** – Allow to stand for 10–15 minutes for clean slices.

This should be a good quiche as I unashamedly ‘borrowed’ the recipe from Mary Berry’s website, and the picture of a lovely quiche was also borrowed – from James Martin’s website.

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## Advertising in The View

A big thank you to all our advertisers, without whom we would not be able to produce and distribute approximately 1,000 of our quarterly newsletters **completely free** to residents of St. Ann's Chapel & Drakewalls.

As well as A5 hard copy, the newsletter is usually published online on Calstock Parish Council's website, and on the St. Ann's Chapel Community Group Facebook page. Copies are also usually available at several businesses (if we have any spare).

If you would like to advertise your business or an event in our newsletter please contact me on 07973 358240, or email me on [johnwells9@live.com](mailto:johnwells9@live.com).

- A quarter page ad costs £20 for one issue, or £60 for 4 issues.
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Our next newsletter will be due out around the end of September. So contact me if you would like to promote a business or event locally.

John Wells

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