

WITH COMPLIMENTS FROM YOUR COMMUNITY ASSOCIATION

Autumn 2021



HARROWBARROW
&
METHERELL
NEWS LETTER

DESIGN: Sue HENCKS

Andy Partridge Carpenter & Joiner

All aspects of quality carpentry work
including repairs &
renovations



**kitchens, bedrooms
bathrooms, cupboards
bookcases, shelving**
Custom-built to your
requirements

No job too small.

For a clean, courteous service, free
estimates and advice:

(01579) 350754 / 07967 208685

PAUL THORNTON General Builder

32 years Construction Experience
All Aspects of plastering & rendering
painting-tiling-slab laying-driveways
extensions - loft conversions -
all general building works

FREE ESTIMATES

Call Paul on 07966407019
or 01579 351651

Nothing yet? Why not keep my
number for future reference?



Monday: 8:30—4:00

Tuesday: 8:30 – 4:00

Wednesday: 8:30 – 4:00

Thursday: 8:30 – 4:00

Friday: 8:30 – 4:00

Availability for
2 – 4 year olds
Including 30
hour and 2 year
funded places*

Only £3.90 an
hour

Call: 07773 640139
staff@harrowbarrowpreschool.co.uk
www.harrowbarrowpreschool.co.uk

*Funding for 2 year olds and 30 hours subject to status

Williams Window Cleaners (est. 1990)

window cleaning,
gutter unblocking,
gutter and fascia cleaning
01579 384435 / 07990 996886
rob381970@hotmail.co.uk
Quality work – regular service
excellent value

No job too large or small for our
family business



Harrowbarrow Post Office & Shop (Adrian & Mandy : 01579 350241)

Open: Every day except Sunday from 8am to 2pm

We look forward to serving you with: general groceries, fresh bread & milk, cakes, local pasties, fresh fruit & vegetables. From the chilled cabinet: bacon, pâté, cream & cheeses, chilled drinks & ice creams. Also a selection of cards & stationery. **Post Office services:** foreign currency, bill payments, cash withdrawals & deposits etc

We also supply items from:

Trehill Farm, St Dominic: home-reared traditional meat & sausages inc. the Sunday Roast

and

Kit Hill Alpacas: “All our Alpaca products are made using our own fleece.” See items in store.



**C.W.Cosgrove
General Builder
Over 30 years
experience**

For all your building requirements.

Free estimates.

All works fully guaranteed.

Complete professional service
from a local builder.

telephone : 01579 350064

mobile : 07866989200

Tamar Valley Food Hubs

Your online Farmers Market
delivering the best of Tamar Valley
food and drink from over 40 local
producers.

Fruit, veg, fresh fish, artisan bread,
local meats, cheese, store cupboard
goods & whole foods

Free delivery

to Harrowbarrow & Metherell

(01579) 208412

www.tamarvalleyfoodhubs.org.uk

**MARK FITCH
CHIMNEY
SWEEP**

- * BRUSH & VACUUM
- * CLEAN, RELIABLE SERVICE
- * COVERING ALL S.E. CORNWALL
- * DISCOUNT FOR MULTIPLE CHIMNEYS
- * COWLS & GUARDS FITTED
- * STOVES SERVICED



*Call
Mark on:*

01579 350762

07773 462643



**Rising Sun Plant & Garden Centre
Harrowbarrow**

Open Mon to Sat 9 - 5, Sun 10 - 4

Wide selection of patio, basket & bedding
plants. Fuchsias, geraniums, herbaceous
border & rockery.

Climbing & bush roses, shrubs, fruit bushes
& trees (ornamental & native). Dwarf
conifers, heathers & herbs. Large selection
of bulbs (spring & summer).

Holly wreaths & Christmas trees. Fresh
vegetables & cut flowers.

National Garden gift vouchers.

ample parking - coffee shop.

tel. 01579 351231

www.risingsun.nurseries.co.uk

Master Card, Visa & Switch

THE GREEN GARDEN COMPANY

Let's Make Your Garden Special!

Professional, Reliable, Friendly,

Fully Insured & Local

Specialising in:

- Complete Garden Maintenance Service
- Landscaping, Borders & Planting
- Patios/Paths/Decks constructed & maintained
- New Lawns - Seeded or Turfed
- Grass Cutting - One Off or Regular Cuts
- Hedge Cutting & Pruning
- Garden Clearance & Restoration
- Pressure washing

01579 350851 or 07941 639907

mike@greengardencompany.co.uk

A cared for Garden is an Enjoyable Garden



Special Service at All Saints

On Sunday 10th October at 2pm there will be a very special service at All Saints Church, Harrowbarrow. The Bishop of St Germans, the Right Reverend Hugh Nelson, is coming for his first visit to the Parish. He will lead a service with two aims

The first is to bless and celebrate our alterations which divided the existing vestry into an indoor lavatory and small 'kitchenette' which gives us cupboard space, instant hot water and a sink unit. There is also a 'vestry cupboard' for the storage of vestments etc. These improvements have been long awaited and will make a big difference to the church, enabling us to provide refreshments after services, continue with our monthly Community Coffee Mornings and use the building for a variety of other meetings and gatherings.

The second focus of the service will be thanksgiving for the 'Light at the end of the tunnel' regarding Covid-19. We mourn with those who have lost loved ones or are still suffering or fearful but, for our community as a whole, there is much to be thankful for. Life is beginning to get back to normal, most of us have been vaccinated and this seems an appropriate time to reflect and give thanks. There have been many examples of outstanding work, amongst health workers, scientists, those who have kept us supplied with all we need, not forgetting the army of volunteers. This service is for everyone, and anyone who would like to come along will be made welcome. We will end with a cream tea.

New Residents

If you are new to the area and would like a WELCOME PACK with details of local businesses, groups you can join and other useful information, please contact: Jean Miller 01579 351081 / jean.g.miller@btinternet.com



If you would like to be welcomed in the next Hamlet please let Sally Eccles have your details.

Hamlet

If you wish to include a piece in the next Hamlet the contact is : sallyeccles1@gmail.com / 01579 350329 - by the first week in December.

Events for January/February/March 2022 please.

Village Website

Please contact Karen Ward if you wish to post village news on the website: karen.willowview@btinternet.com (tel no: 01579 351971)



**Special General Meeting (2 AGMs rolled into 1)
Everyone Welcome**

Date & Time:

Monday 27/09/2021 at 7.00 p.m.

In the Games Room of the Village Hall

(Agenda in July edition of HAMLET)

Developments over the years have provided the site with excellent amenities:

A Village Hall (1995) has adjacent parking, newly installed heating and events lighting (2018), garden and grassed areas for various outdoor activities such as summer shows etc. plus a new recreational area with table tennis table, boules pitch and picnic area (2019–2021). **Look out for grand opening.**

A woodland and park area with 300 native trees (2007). The grass is cut in certain areas to provide trails and picnic areas.

A fully equipped and landscaped play area (2010) including zip wire, climbing frame with slide, swings, fenced multi activity/ball playing area. Skateboard/bike ramped area and an area for toddlers with climbing frame, ride on bouncers, swings and agility challenge. The site is safe and secure where children are able to play away from traffic and other dangers.

Seating and Gazebo so parents can keep an eye on their children.

The woodland and play park areas were awarded Queen Elizabeth II Jubilee Fields in Trust status (2012)

Have you time, energy and interest in joining one of our committees or could you volunteer for events? Then please get in touch:

Contact:

Community Association Secretary
Jean Miller

Phone: 01579 351081
E-mail: jean.g.miller@btinternet.com

A reminder of the Community Association Annual General Meeting on 27 September, the agenda of which was in the last HAMLET. We hope that as many of you as possible will be able to attend. The Village Hall was built and officially opened 26 years ago in May 1995, with any improvements to the Hall and development of its grounds over the years funded mainly by our community. Due to the pandemic, the hall was closed in March 2020 until June 2021. During this time, after recurrent leaks, it was decided by the Community Association and Hall Management Committees to bite the bullet and invest in replacing the existing worn-out bitumen roofing felt with a modern breathable roofing felt, taking the opportunity whilst the roof was off to improve the roof's thermal insulation. This was completed over a number of weeks, with the company working in what turned out to be a heatwave. The Village Hall is now in excellent condition and we look forward to welcoming more hall users in the near future. A big thank you to everyone for your cooperation and patience. The CA looks forward to seeing people back safely using the hall, following the Covid-19 Protocol that is in place at present.

Chris & Jean Miller (Hon Chair & Sec CA)

Social Committee Update

Forthcoming Events for Your Diary

As we wake up from our enforced slumber, the Social Committee is making plans to keep us all awake and interested in community ventures, film and stage entertainment and music. There may be **Bingo, a cheese & wine-tasting evening, a Christmas coffee morning** and, of course, our **annual quiz** and **St Piran's party** in the spring.

We are not the only ones making exciting plans. **SHAME** amateur dramatics group is busy planning productions (see p.10) The **Short Mat Bowls Club** has started again on Wednesday evenings and the Thursday afternoon session has just reconvened. (When restrictions were eased, the Thursday group enjoyed the sunshine playing **Boules** outside every week. Anyone may join us.) **Badminton** is played each Monday whilst other groups which used to meet in the hall regularly are thinking about their return.

The **Coffee Mornings at All Saints Church** at 10am on the first Wednesday of the month have begun again which is a very welcome return for a gossip over a cup of tea.

It cannot be said of Harrowbarrow and Metherell, "There is nothing going on." There is plenty going on and, if anyone would care to arrange something else, there will be even more !

We streamed a brilliant concert on 12 August by the Bournemouth Symphony Orchestra with plans afoot for further streaming or live television on the big screen as we gain more equipment and expertise. Watch this space!

The **Community Yard Sale** raised £161 for village hall funds which, as well as disposing of goods no longer needed, presented an opportunity to meet old and new friends and neighbours A big 'Thank You' to Mandy and Adrian at the Post Office for dealing with the bookings, number distribution and post-sale collection.

The **Friday Friendship Club**, hosted by Lorraine Palmer (see Lorraine's report p.8), held a very successful **Fiesta** in August with a wide variety of entertainment. Rex Snuggs, helped by wife Jenny, demonstrated the convenience of the new wheelchair-friendly picnic table.

The Social Committee proposes to hold a community **Car Boot Sale** at the hall on Saturday 09 October from 10am-2pm. The number of cars will be

strictly limited to 20, with places booked and paid for in advance at the Post Office. £6 per car. If it is a success and well supported, it may become a regular event. 'Chip-Hop' mobile refreshments will be available !

On Saturday 27 November, 7.30pm, brilliant actor Gareth Armstrong will perform his acclaimed solo drama '**Shylock**'. Look him up on Google. We'll have a bar and nibbles that night. Booking £10, in advance only: www.ticketsource.co.uk/carntocove/shylock or from Harrowbarrow Post Office or phone 01579 350639. This is our most expensive event yet, so please help us fill the hall.

If you could help us in our efforts to entertain, why not join the Social Committee? Please get in touch with **Eileen - 01579 350639**.



Film Club

(Trailers for all the films can be seen on Google)

The club follows the hall's Covid protocol so that members can feel comfortable and safe. Films start promptly at 7.30pm.

21 September : '**Summerland**'.

28 September : '**I am Greta**' A special conservation 'Green Week' film on the climate change work of amazing youngster Greta Thunburg. C-Fylm members and non-members are welcome at the special price of £3. Book at www.ticketsource.co.uk/c-fylm/Greta (or phone 01579 350639).

19 October : '**Downton Abbey**'

16 November : '**To Build a Girl**'.

21 December: **Christmas 'special'** to be decided but there will be mince pies !

Harrowbarrow and Metherell Luncheon Club

The Luncheon club has been in operation at the Village Hall for over 25 years, but obviously had to close due to Covid. We are now ready to start again in September. We do however need someone with catering experience to lead one of our teams of volunteers so that we can offer twice monthly lunches. We normally operate with two teams but at present can only provide one meal a month. Anyone interested in helping us, please phone Jenny Snuggs on 01579 350546.

We would very much like to thank those volunteers who are no longer able to be involved: your help has been much appreciated.

We do have some vacancies for luncheon club membership. The criteria are that you must be over 60 and in receipt of a hand-delivered Hamlet magazine each month. For more information ring Jenny.

Friendship Club Re-opening : a Gala Afternoon

On 27 August, the Village Hall sprang to life again, to the resounding tinkle of teacups, laughter and music (provided by Mr Robin Roper). The Friendship Club was back! It was lovely to see all of our friends again with smiles on their faces and teacups in hand. The festivities started with Mr Alan Sturt officially opening the village hall Recreational Area where Boules, Table Tennis and Croquet could be played by those of a sporty inclination. Inside the hall, the Plants, Jigsaws and Books stalls and a wonderful Tombola did brisk business.

The cream tea was a treat and the cake stall sold out Oh, and yes, the weather was perfect.

Thank you to everyone who helped make it a very happy occasion (plus we have raised just over £100 for the club.)

The Friendship Club is open to all from 2-4 pm on the fourth Friday of every month. Meetings are £1 per session, 6 sessions for £5.

Do come along and join us for a chat with friends and a cup of tea .. you are very welcome. We have jigsaws and books for sale, the occasional speaker and other events are in the pipe-line.

I look forward to seeing you.....Lorraine

Yard Sale Report

On 21 August a Yard Sale Day was held in our villages. Money was raised for good causes and the atmosphere at each house was delightful. One stall holder said how wonderful it was to see friends after so long being unable to visit one another. I cycled in the fine weather and bought something from some garages, most of them with cheerful friends helping, and the largest stall for Cancer Relief doing really well. KJ

Jane Bewes wishes to thank everyone who donated/bought items at her table when £94.50 was raised for **Plymouth & Cornwall Cancer Fund**, a charity supporting local people affected by cancer (regd. charity no. 262587).

Jenny and Rex would like to thank all helpers, supporters and donors who were involved in the Yard Sale in aid of **Cancer Research UK**. A total of £408 was raised. Thank you all very much. The next event for **Cancer Research UK** (Covid permitting) will be a **Pink Coffee Morning at the Village Hall on Saturday 23 October, 10.30am**. October is Breast Cancer

Awareness month and we invite everyone to come wearing something pink. Any donations for the Raffle or Tombola would be gratefully received. Contact Jenny Snuggs on 01579 350546.





children's hospice
SOUTH WEST

Saturday, 6th November,
10am to 12noon

**Children's Hospice Coffee
Morning**

at the Village Hall

Our local Children's Hospice

group have decided to put on a coffee morning selling Hospice Christmas cards (no crafts or raffles, just coffee or tea and cake !) Please support this worthwhile cause if you can.

Hilary Dent



Art for All

Come and join our friendly group in Harrowbarrow and Metherell Village Hall. We meet more or less fortnightly helping and encouraging each other and as we are all still learning we enjoy having occasional workshops run by invited local artists.

Drawing, pastels, ink, acrylics, watercolours, water-based oils, charcoal and mixed media. We are all trying some new skill and enjoy having a go! It is a special time set aside to paint or sketch in company and enjoy a chat. Please bring your own drink this term. We meet on Monday afternoons 2p.m. until 4pm.

Autumn Sessions are as follows:

Mondays 20 September 2021

04 October 2021, 18 October 2021,

01 November 2021, 15 November 2021 and 29 November 2021.

Beginners are most welcome.

Why not arrange to come and visit the group?

Please contact Jean Miller on 01579 351081 for more information.



'Out & About' - Walks with Jean Miller

Starting from the village hall at 2pm

13 Oct 10 Nov 08 Dec



SHAME (Amateur Dramatic Group) update

Our much delayed AGM was held outside the village hall on a warm and sunny evening on the 04 August. The new committee and post holders were swiftly elected, without resort to the press gang, and we gave a hearty thanks to Rick Stead for his hard work and commitment during his

extended tenure as chair.

After a short discussion it was agreed that it would be risky to attempt to put on a panto next spring given the current pandemic situation so this has been postponed until February 2023. The plan is to put on a production of 3 short humorous plays under the collective title 'The Witches' in May 2022. This is the production we had to cancel at the start of the pandemic. Rehearsals will commence in the New Year and until then SHAME will continue to meet at 7pm in the Games Room of the Village Hall on the first Wednesday of the month. **New recruits with any interest in any part of a production are always welcome.**

It can be a daunting experience to step into a room feeling like a total stranger and, with this in mind, we will be holding an open day in the New Year which will give any budding actors, technicians, seamstresses, backstage crew etc. the chance to meet the company in a stress free environment. Full details to follow.

Looking forward to seeing the stage full of joy and laughter with a full audience in the (not too distant) future.

Frank Ellwood (Chair)



CONDOLENCES to Barbara and family on the passing of Mike Martin. Mike and Barbara's granddaughter Merryn kindly sent the following :

Mike was born in July 1940 at his family home in Calstock, where he grew up with five other siblings. He married his beloved Barbara in 1966 when they moved to St Dominic and had two children, Richard and Joanne. On leaving the Dockyard where he worked as an electrical fitter, they

moved to Metherell where Mike kept himself busy as a self-employed electrician. Following the arrival of his grandchildren, Merryn and Ben, who adored their 'Grampy', he soon found that he was never short of things to do. He was a kind, proud family man who would do anything for anyone. Mike sadly passed away at Chollacott Nursing Home in Tavistock following a long fight with Parkinson's Disease on July 31st. He was loved by us all and will be dearly missed.



CONDOLENCES to Helen Hayward's husband Ian, their family and friends on Helen's passing on 20 August. Helen played a huge role in the community, being active in numerous groups after the family moved to Norris Green from Plympton early in the 1960s. She taught at Gunnislake School in the 1970s and 80s and was a leader in the Harrowbarrow Girl Guide group in the 80s and 90s

with Brenda Alexander and Kitty Startup. When the drive started to build a new Harrowbarrow & Metherell village hall to replace the deteriorating venues in Harrowbarrow & Metherell, she helped with fundraising and was one of the first committee members to help run the hall. She was secretary of the Gardening Club until it folded and was still secretary of the Harrowbarrow & Metherell Annual Village Show. She was also on the Cancer Research UK fundraising committee which raised hundreds of pounds annually. She was membership secretary of the Parish History Group almost since its inception. Around 20 years ago Helen became a stalwart volunteer at the Parish Archive, and worked there up until her death. She also became a trustee and joined the management committee. She will be sadly missed.

THANK YOU from Ian Hayward for all the many cards and letters of sympathy he received in fond remembrance of Helen. Though unable to reply to many of you, he was touched by your kindness.



CONDOLENCES to Cath, Rob and family on the death of their mother Jan O'Neill who passed away peacefully at home on 15 August. Jan lived in Harrowbarrow since 1959. She and her husband Pat were two of the most genuine people you could wish to know. A keen gardener and cook, Jan took pride in all the produce that she and Pat grew. She salted beans before freezers came along, turned apples into pies and chutneys, and made jam from gooseberries, rhubarb, blackcurrants and red currants. She sent mint to Covent Garden in the 1960s. When there was a glut of anything she would distribute this to friends and neighbours. She kept herself very busy. She was an incredibly generous lady for whom nothing was too much trouble. Jan was a member of WI for many years and one of the creative things she made was a harvest loaf in the shape of a sheaf of corn with an incredible attention to detail. She recreated it for her grandchildren's harvest festival at the primary school. Born in the 1930s, she was a survivor. 'Make do and mend' and 'Others before self'. She had a lovely sense of humour and giggle. Her smile and warmth made everyone feel welcome. Life was simple but satisfying. The family thank

their friends and neighbours who have sent messages of support and lovely cards.

WELCOME to New Residents:

Diana & Bill Merritt, daughter Donna Harris and partner Bill Pellet at Rivendell, the Coombe

Carol Luscombe at 4 Oakey Orchard, Lower Metherell

Jamie & Mollie at Hazelcroft, Harrowbarrow

Cleo & Max at 2, Callington Road, Harrowbarrow

Angela & Keith at Fircroft, Coombe, Harrowbarrow

Zoe Allsebrook & Yusof Abdul-Rahman, their two boys, Jed aged 13, & Ezra aged 9, plus two cats, Stripes and Kip, at The Glade, Harrowbarrow, from Walthamstow.

Rebecca Nesbit & Phil Gould at Coombeside, Harrowbarrow, who sent the following piece on one of their passions:

“For those who pass through northern Harrowbarrow, you may have noticed some changes at Coombeside (the cream house next to where the MG garage used to be). The for-sale sign has gone, as has the buddleia growing out of the chimney and the dandelions claiming the driveway. If you pass by at night, you may also have noticed a bright light glowing in the garden. This doesn't herald an alien landing, but the arrival of two entomologists: me and my husband Phil. The light is our moth trap, and we have been thrilled with what it has caught.

We've run the trap just five times since we arrived in June, and have identified 198 species of moth. These range from stunning pink and green Elephant Hawkmoths, with wingspans of up to 6cm, to micromoths such as *Phyllonorycter maestingella*. These are just 4mm long and stunningly patterned with gold and white bands. One highlight has been the Jersey Mocha. The first UK records of this European moth came from the Channel Islands, and then it was first seen in mainland Britain in 2003. It has since spread in the south west and is breeding locally.

We've also been very pleased to catch many Dusky Thorns. When Phil was collecting data for a State of Britain's Larger Moths report in 2013, this species was found to be in the top ten of the UK's most declining moths. However, they seem to be doing pleasingly well around Harrowbarrow.





Other moths have been highlights for me because of their beauty: Maiden's Blush, Rosy Tiger, Frosted Orange, Black Arches, Angle Shades and Small Elephant Hawkmoth, to name just a few.

It isn't only moths we have been catching. We've had multiple species of wasp, beetle, shield bug and caddisfly, for example. Of particular note were two pseudoscorpions, related to spiders and, unlike scorpions, only a few millimetres long with no sting. They are known for using insects for transport, and these two were hitching a lift on a crane fly (daddy long legs), clinging to its legs with pincers that resemble those of scorpions. Phil took pictures down the microscope and shared them on Twitter - if you would like to see these or any moth photos, you can search online for **@PhilipJLGould** or **@RebeccaNesbit** (you'll be able to do this even if you're not on Twitter). Moths are just one part of what we have enjoyed about Harrowbarrow - we have also appreciated the warm welcome, and look forward to meeting many more people."



A message from Peggy Willis, Crossleigh, Higher Metherell :- I would like to thank my lovely neighbours and friends for all the help and kindness they have given me since my recent fall. Also thank you to everyone who stops and chats to me when passing my house - sometimes you are the only people I chat to all day. I want very much to be able to walk our lovely lanes again and know that in time I will do. Thank you so much everyone.

From Lindsey Sharp: Outside our house, we got chatting to Brian Padfield, who walks around the village for his daily 10,000 steps. As well as improving his health, Brian picks up litter with his grabber stick, putting his treks to even more good use. Thank you Brian for your community spirit, and for all the nice photos of your walks on the Harrowbarrow and Metherell Facebook page.

A big thank you also to all those who helped my husband Peter after his traumatic cycle accident last November. Hilary Dent was no doubt shocked to see him catapulted over her garden wall at 24 mph after his dramatic brake failure on Rising Sun hill. We are sorry for the distress caused her and for the black mark on the wall ! Huge thanks to James and Lisa of the (former) Pink Chapel who came to Peter's rescue with amazing calm and good sense. Thank you to South West Ambulance Service for their professionalism, and to Derriford Hospital, who treated Peter's fractured spine, broken ankle and broken knee (patella smashed into 16

pieces) with such skill. Thanks to Martina Skuckova at Liskeard Hospital, who performed wonderful physiotherapy on his ankle and back, and to Peter at Callington Cycles, who put Peter's crumpled e-bike back together again. We are grateful to Geoff and Cath Roberts who lent us an exercise bike to help get Peter's muscles back in shape, and for putting our rubbish bins out. Joan and Denis Tall kindly lent us some medical equipment and Chris and Anita Nash offered support and friendship when it was needed. Finally, we thank all the people who asked after Peter's health and well-being over the last ten months, and offered help. Peter is now well on the road to recovery and back on his bike. We feel lucky to live in a place with such a strong sense of community and with such lovely, caring people.



Malcolm Rowe's valiant aim, of trekking from John o' Groats to Lands End in three months, all in aid of Children's Hospice South West, was well documented in 01 September Cornish Times, when he was reported as having reached the Lake District. Readers who know retired police officer and Metherell resident will be well aware of his many talents, actor, singer, script writer for SHAME and Tavistock am.dram., dog-walker, village hall volunteer supervisor, incomparable compère for the Arrowbarrows to name but a few. If you wish to contribute to this worthy cause, you can do so at Harrowbarrow Post Office. Or look for the **Just Giving** page at www.justgiving.com/fundraising/MalcolmRowe2?



WI's telephone box

All Local Businesses wishing to advertise
in the WI's telephone box in Metherell

Please contact: jean.g.miller@btinternet.com

Size of adverts will be 15cm (h) x 16cm (w).

They will be laminated and displayed in the glass side facing
the road.

Cost will be a small yearly donation of £10 to
Harrowbarrow & Metherell Women's Institute for the phone
box upkeep



News of the New *Burial Grounds Project*

from Rev. Christopher Painter Rector, Tamar Valley Benefice
Family history research is now big business and a hugely popular hobby,
drawing people from all over the world to seek out old records and

graves. A new, free *Burial Grounds Project* by the Church of England 15 nationally will see every churchyard in the Diocese of Truro digitally mapped, along with the digitization of parish records, meaning parishes and public will now be able to view the information easily. The Bishop of Truro the Rt. Revd Philip Mounstephen said, "Having laboriously traced my own family tree in the old Cornwall Council records office many years ago, I know what a valuable resource this digital tool will be for many people researching their own genealogy. It's also a way of making our churches more 'porous' and welcoming to visitors: I'm very much in favour of anything that helps us do that, so I commend this project wholeheartedly."

The project is free to parishes with the work done by a team from Atlantic Geomatics, the company hired by the Church of England nationally. They will visit the churchyard and church to effect the mapping and digitizing of the parish records. The digital records and images will then be integrated with the Church Heritage Record, the national database of the Church of England, to which the diocese has access.

A simplified version of the digital map and images of the records created will be safely and permanently curated and will be freely available for the public to view. Other more complex functionality, such as managing the map and searching across the national database, will be available on payment of a subscription.

Calstock Parish Council Round Up



A council meeting was held on 10 August. Following advice from Cornwall Council it was felt that we should continue to hold large meetings in Harrowbarrow Village Hall where we can maintain social distance.

Last year we were overwhelmed with offers of help with our Covid-19 Volunteer Scheme. We decided to continue offering a low-level service for people who temporarily find they are unable to go shopping, collect prescriptions, walk their dog or need help getting to medical appointments. We will ask volunteers to have a DBS check and if you are interested in helping (or have offered previously and wish to continue) do get in contact with us. Please do let us know if you require any help (it does not have to be Covid related).

At its last meeting the Parish Council supported the CEE Bill (Climate and Ecological Emergency Bill) in an effort to reverse the climate & ecological breakdown we are facing. The Parish Council feels the UK needs to take responsibility for its fair share of greenhouse gas emissions, actively to



restore biodiverse habitats and stop damaging our natural world through the production, transportation and disposal of goods we consume. A letter from our MP Sheryll Murray acknowledged our support and we hope that she too will support the Private Members Bill when it is motioned in Parliament. If you would like to find out more about the Bill and see how you can support visit: <https://www.cebill.uk/bill>

Our project to help with the climate emergency is our Forest for Calstock Parish Committee which continues to put in bids for trees and has ordered a mixture for Calstock and St Ann's Playing Fields and Albaston's Millennium Green. We hope to plant during National Tree Week at the end of November. If you can offer help in planting and looking after the trees, we would love to have your details. We will be sharing management plans/planting schemes on our website shortly.

Our Delaware Ward Members and our County Councillor have been working on road safety issues along the A390. Funding has been secured from the Caradon Community Network Panel for some mobile speed cameras and a community Speed-Watch group is likely to be set up soon. We will also contact Devon Highways about Gunnislake Newbridge which is very untidy and overgrown. We want people to have a good first impression not just of our parish but of Cornwall as a whole.

Please remember that our councillors are unpaid volunteers who represent the views of local people and do so within a democratic process. Not every collective council decision will be popular but no councillor should receive personal attack or defamation of character. We thank our councillors for the work they do and wish those who are at present experiencing ill health all the best for their recovery.

In January this year the Parish Council published their decision to have all plastic removed from the graveyards. This decision was taken in line with Environmental and Climate concerns and unanimously approved by the Parish Council on 14 July 2020. The local press was informed and there have been several articles in the local newspapers. Signs were put up in the cemeteries and on our website, and local Facebook pages have also broadcast this. When we visited the cemetery in August intending to clear plastic items, we encountered some opposition. On the whole, when we explained why we were doing this, people supported the initiative, and we were pleased to meet people face-to-face to discuss the issue.

People are under the misapprehension that when they purchase a burial plot they are buying the plot of land. What people are doing is buying an Exclusive Right which entitles a burial in the plot for 99 years. Our



cemetery regulations still need to be adhered to. Cemeteries all have different regulations – some only allow a headstone and no flowers, some do not allow black granite whilst the Diocese of Truro does not allow any artificial flowers in their churchyards. As a council we are entitled to change our regulations – this decision was not taken lightly but it is in direct response to the plastics crisis which is causing destruction to the wildlife and landscape. Snowdrops, hellebores, bluebells, primulas, geraniums, daffodils, pansies, and begonias are all seasonal plants that add colour all year round and can be planted in terracotta tubs or directly in the ground as an alternative to artificial flowers. Silk flowers on metal stems will be allowed provided there are no plastic pieces as these end up causing the most damage. We took on board people’s comments that they wanted to be the ones to remove the artificial flowers and ornaments and we have left them on the graves. But our initiative remains and we will revisit the cemetery at the end of September to clear any remaining plastic.

We thank the members of the public who turned up to help tidy up the cemetery: a whole dumpy bag was filled with general litter.

The Clerks: Sue Lemon and Clare Bullimore (Deputy).

01822 748847 clerk@calstockparishcouncil.gov.uk

www.calstockparishcouncil.gov.uk

Celebrating Makers in the Valley by *Gudrun Taresch*

I don’t know if it is due to the amazingly inspiring nature, the fascinating history or the creativity and open mindedness of its people, but the Tamar

Valley is turning into an Arts Hub. There are hundreds of artists and makers living and working in this unique environment, 170 of them being members of ‘Drawn to the Valley’, our local artist group.



Several of these are located in our villages. There is Shari Hills who creates magical watercolour paintings, telling stories of our nature and wildlife; Terri Davis

who expresses her love for animals in her amazing artwork; Suzy Billing-Mountain whose acrylic ‘pourings’ are vibrating with colour; John Rowe whose woodwork is sophisticated and delicate; Kathy Lovell who pays homage to nature in her delicate silver jewellery; our new neighbour Rebecca Nesbit who expresses her love of nature and all living beings through little fairy worlds on polymer clay jewellery; and yes, me, Gudrun Taresch, always trying new materials, glass, oil, silk and jewellery,

preferably in bright colours and with a little message included. (I might not be aware of other artists in the village and, if there are any more, please tell me, I do not want to exclude you).

Many of us will be part of the Makers Festival 'Drawn to Make' in the Butcher's Hall in Tavistock from the 29th-30th October. We are looking forward to seeing many of you celebrating local artwork with us and/or supporting our local artists by buying a Christmas present from them. If you do not feel comfortable leaving your house or do not feel well enough to do so, you can buy online directly from us through the Drawn to the Valley website: <https://drawntothevalley.com>, by visiting the gallery or searching directly for an artist whose work you like.

I wish all of you a colourful Autumn in our lovely valley. Do go out, keep yourself healthy and enjoy nature at its best. You might meet one of our artists in search of inspiration for new artwork, strolling around with a sketchbook or camera.



Village Show 2021 **Cancelled**

The last issue of Hamlet included an optimistic article launching our Village Show in a reduced format and scheduled for 25th September. With great regret, the Committee made the difficult decision to cancel due to absence and alternative commitments of those organising it, plus lingering uncertainties over Covid protocols and the current situation in the county. We know that many older and vulnerable village residents remain cautious about being in crowded, confined spaces, and we respect this view. It is perhaps just too soon to organise such an event. BUT we are optimistic that we can begin to plan for a return of the Village Show in 2022, with the date - Saturday 16 July 2022 - in our diaries, and ask that everyone does the same, to make next summer the biggest, best Show ever. The schedule will be in the next Hamlet (and via our usual distribution) and we hope that our growers of flowers and produce, craftspersons, artists, bakers, photographers young and old, our school pupils, cider and wines makers will all be inspired to enter.

Any thoughts of the village show cannot pass without a mention of Helen Hayward who so sadly passed recently. Her wide contribution to many aspects of village life is eloquently remembered elsewhere in Hamlet, but with respect to the Village Show Helen was the quiet, always dependable, unflappable secretary for many years. The last show which we were able to hold in 2019 was, incredibly, the 63rd, and Helen was present for many of those years. The show will return but Helen's passing will leave a gap which will be hard to fill.

Steve Matcham (Chair)



St Luke's Hospice Fundraising

Congratulations to Brenda Boundy and her sister Maggie on their vibrant and varied pop-up plant stall at the end of August. All of the plants they grew themselves and **£309.75** (including non-sale donations) has been sent to St Luke's as a result. Brenda wishes to express her gratitude to those of you who supported this very worthy cause.

She says it was lovely catching up with everyone and a pleasure to meet several new village residents. This is Brenda's second stall so far this year: overall she raised **£573.91** for the charity !



Nature Report by Geoff Roberts

Happy autumn everyone! As I write this, all of a sudden summer has gone - so hello autumn, a special time of the year with birds relatively quiet as no more courtship is required and the annual moult is in progress when new feathers replace the old. Do not worry if you see a bird that does not look too good: they have been busy feeding their young and are absolutely shattered to-ing and fro-ing with nutritious caterpillars, though most young have now fledged and can catch their own meals. The birds will

soon start looking their resplendent selves again

This summer's highlight has been watching and hearing Ravens flying and conducting acrobatics overhead. I have never heard or seen them in this area before although there have been past reports of them at Cotehele. I hope they delight us with their presence for many more years.

Please keep topping up your feeders. There is an abundance of food for the birds with berries etc. in the hedgerows and fields and you may find your feeders to be quiet but there are a number of birds that continue to rely on what you put out.

Jobs for now: clean out any bird boxes of old nests to encourage blue tits and the like to roost inside them during the winter and, if you are lucky, up to fifty or more Wrens.

Happy bird watching and remember we share the village with lots of wildlife so kill your speed and not anything else.

Any reported sightings or questions do not hesitate to get in touch: geoffreyhroberts@btinternet.com.

Tamar Valley Community Bus

It is a great achievement to have the bus back on the road so that users may take shopping trips and outings again. The stalwarts who have kept the service going found the bus to be green outside and mouldy inside from standing idle for 16 months. However, Jaydon from *Tamar Valley Cleaning Services*, Kelly Bray, restored it brilliantly.

Book Now for October !

For trips and outings ring Mavis 01822 833412

To be added to regular runs ring Carol 07977486915

Date	Destination	Cost	Depart	Home	Contact
Fri 1st	Tavistock shopping	£1			Carol
Tue 5th	Afternoon Tea	£4	1.30	4.00	Mavis
Wed 6th	Callington Shopping	£1	9.30	1.30	Carol
Thu 7th	Gunnislake PO/Coffee	£1	10.00	12.00	Carol
Fri 8th	Tavistock Shopping	£1			Carol
Mon 11th	Japanese Garden, Newquay	£7	9.30	5.00	Mavis
Tue 12th	Trago Mills, Liskeard	£1	10.00	4.00	Mavis
Wed 13th	Saltash Shopping	£1	9.30	1.30	Carol
Thu 14th	Gunnislake PO/Coffee	£1	10.00	12.00	Carol
Fri 15th	Tavistock Shopping	£1			Carol
Mon 18th	Truro	£1	9.30	5.00	Mavis
Tue 19th	The Box Museum Plymouth	£5	9.30	5.00	Mavis
Wed 20th	Callington Shopping	£1	9.30	1.30	Carol
Thu 21st	Callington/Library Gunnislake PO/Coffee	£1 £1	1.30 10.00	3.30 12.00	Carol
Fri 22nd	Tavistock Shopping	£1			Carol
Tue 26th	Pub Lunch	£5	11.00	4.00	Mavis
Wed 27th	Launceston Shopping	£1	9.30	1.30	Carol
Thu 28th	Gunnislake PO/Coffee	£1	10.00	12.00	Carol
Fri 29th	Tavistock Shopping	£1			Carol

'All at Sea' W.I.'s Scarecrow Trail

Congratulations to the 13
participants in the Scarecrow Trail
passersby and by those who made
walking around and taking part in
casting their vote. Please put your



households who
which was enjoyed by
a special occasion of
the competition and by
vote in the box at the P.O.

Calstock Parish Local History Group

The group has sadly lost its membership secretary Helen Hayward who filled this post for many years, almost since the group was set up.

We are now resuming monthly talks after the long absence due to Covid. Meetings at the Methodist Church, Albaston, 7.30pm. Booking Essential. Contact Jill Lane on 01822 833856 or lane235@btinternet.com

Wear face masks and be aware of social distancing.

No Refreshments due to Covid Restrictions.

Members £1.50 Visitors £3

Suggestions for talks, summer visits or walks, will be very welcome.

For more information and suggestions contact Jill Lane

~~~~~  
*Saturday 25 September*

AGM followed by 'Voyage of the Mayflower in 1620'

Dr. Mike Hayward will talk about the myth and the reality.

He has painted many canvases about events on the voyage and gifted some to the American nation.

There is a Cornish connection to the earliest English settlers in North America.

*Saturday 30 October*

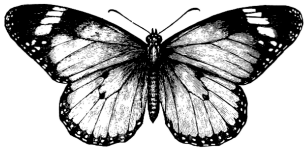
'Mines of the Tamar Valley'

After his extensive studies of Devon Great Consols, Rick Stewart is now studying other mines in the Tamar Valley. He will tell us about his researches so far.

*Saturday 27 November*

'Duties of the Parish Clerk Past and Present'

by Sue Lemon, our local Parish Clerk.



Butterfly Diary by *Jean Miller*

The season started slowly and during the Butterfly Count there was not a huge showing in my garden in Harrowbarrow. What follows is the diary of my time set aside with a cup of coffee to do the counts.

17/07: 2 Large Whites & a Speckled Wood.

18/07 : During my visit with a friend to a CWT garden, The Lodge at Fletcher's Bridge. 1 Small Copper, 1 Gatekeeper, 2 Small & 2 Large Whites & 3 Fritillaries dancing across one of the lakes looked like Silver Washed Fritillaries (bright orange with silver streaks underneath). I entered them into iRecordButterflies along with a Wall Brown (the first I'd seen in years) on the 2nd August as they were not part of the common butterflies & moths that you can register.

19/08 : Back home, 1 Red Admiral, 2 Large Whites, 1 Gatekeeper.

20/07 : 1 Red Admiral, 2 large whites & the first Ringlet of the year fluttering over our meadow.

22/07 : 2 Large & 2 Small Whites.

23/07 : 1 Red Admiral, 2 Large Whites & 1 Gatekeeper.

24/07 : A Silver Y moth was resting on the bathroom wall. 2 large Whites & 2 Red Admirals were getting heady on nectar from buddleia flowers.

25/07 : We celebrated grandson Theo's 3rd birthday with a picnic on the terrace. 2 Gatekeepers, 3 Large Whites, 1 Small White, 1 Red Admiral & a Comma joined the party.

27/07 : 1 Common Blue, 1 Comma, 1 Small White, 1 Small Copper & 1 Red Admiral.

28/07 : 1 Meadow Brown in the meadow, 2 Large Whites, 1 Small White & 1 Red Admiral.

29/07 : 2 Meadow Browns at the Walkers & Talkers lunch over at St Elizabeth House, Plympton (can highly recommend!).

30/07 : Back home, just 1 Red Admiral & 1 Small White.

01/08 : 3 small Whites, 1 Green Veined, 1 Peacock & 1 Comma.

I was so pleased to see so many more Peacocks after the Count had finished, along with some wonderful Brimstones and more Green Veined butterflies. I Hope you have enjoyed this year's Butterfly Diary! **J M**



## Summer Weather in Sunny Harrowbarrow !

Chris Miller on the last 3 months at Sunnyridge Weather Station



**June:** Strongest wind recorded - 14 mph from the SE on 01 June.  
Temperature - Highest 26° C on 30 June. Lowest 6 ° C on 04 June.  
(Highest recorded in last 5 years 31 ° C on 25 June 2020)  
Rainfall for June was 5.07"

**July:** Strongest wind recorded - 19 mph from the SW on 30 June.  
Temperature - Highest 32 ° C on 21 July of. Lowest 10 ° C on 06 July.  
(Highest recorded in last 5 years was this year)  
Rainfall for July was 6.85"

**August:** Strongest wind recorded - 13 mph from SSE on 05 August.  
Temperature - Highest 25 ° C on 24 August. Lowest 9 ° C on 02 August.  
(The record was 31 ° C on 12 August 2020)  
Total rainfall for August was 4.41"

~~~~~

In a time of Covid: 'I see no ships.....only hardships'

Expert boat-builder A.D. was outside in his yard one hot summer afternoon tinkering with the workings of his sailing-vessel when there was a jingling of the gate announcing the visit of a member of the local fleet clutching a call-up chart to her chest.

"Put you down for the September regatta, shall I? You'll need straw!" Now, our ship building friend, familiar with dovetail joints, well-staunched timbers and emergency paddles, indeed anything in the wood or metal line, had to scratch his head before tacitly agreeing to "Set Sail". Upon which his visitor hurriedly proceeded to the next skipper on her list - for conscription had become a necessity, nay hobby for those keen to GET THINGS GOING AGAIN, especially since a new, persistent and variant infiltrator seemed determined to knock back any attempts at anyone SETTING SAIL and LEAVING HARBOUR. Within minutes, the captain's ship-mate was hauled on deck and ordered to, "Come up with a plan of action!" After perusing the log

book, she undertook command in the uniform department whilst the captain unfurled the pennants.

“Fetch the spy-glass!” he commanded

“And what good would that do?”

“Well, fetch it anyway! And we’ll need a good inflatable jacket!”

A few weeks later all flags hoisted, crew aboard, our captain stood ready to join the task force. It only required a fair wind to starboard and an outgoing tide. At least **HE** was (s)at/on his post. **S.E.**

CHRISTMAS FOOD & CRAFT MARKET

Sunday 21st November

Harrowbarrow & Metherell Village Hall

11am-4pm

Gorgeous gifts, decorations and treats from Tamar Valley makers and producers.

Raising funds for the Community Orchard



Exactly 40 years ago this item featured in the first quarterly edition of Hamlet. A timely reminder perhaps of the importance of both physical activity and community spirit and involvement. Could someone here resurrect the event? It sounded like good fun!

GIVE THEM A CHEER

A GOOD result was achieved by Harrowbarrow and Metherell team in the first heat of Callington Lions Sports Olympiad at Calstock. The event organised in two heats aimed to get the villages surrounding Callington to get to know each other better and encourage community spirit.

Harrowbarrow and Metherell team of 18 men and women competed enthusiastically in the seven events, thoroughly enjoying themselves and winning the four-legged(sic) race, tug-of-war and egg catching race.

However, more practice and expertise were needed in the football slalom, brick relay and obstacle race. The team needs more fast runners (minimum age 16 years.) especially for the track relay.

The final result was Latchley/Chilsworthy 25, Harrowbarrow & Metherell 24, Albaston 20 and Calstock 17.

The first three go into the final against Callington, Stoke Climsland and Kelly Bray on September 12 at Callington Cricket Ground, starting at 1.30pm.

Many thanks to all our
Advertisers



Duncan Haig

Your Local Carpenter

Available now for
custom built and
ready-made fitted

cupboards, doors,
wardrobes, household
and kitchen furniture.

Cut roofs, roof alterations and repairs.

Garden decking, gates and sheds.

'World of wood' - call Duncan Haig


07743 305466

01579 208374

duncanhaig@hotmail.co.uk

PAINTING, CERAMICS,
ECO PRINTING,
CARDS, GIFTS
PET PORTRAITS
COMMISSIONS
MODERN AND VINTAGE
ITEMS

HARROWBARROW,
PL17 8BP

 THEBARNHARROWBARROW

THE BARN
ART AND CRAFT
IN THE VALLEY

M N ROSE **Plumbing & Heating**

Oil boiler servicing & repairs

Central Heating installations

Bathrooms & tiling

Trading for over 30 years

Metherell & surrounding areas

07702 032409

therosesmg@yahoo.co.uk



R Mears & Sons **Chimney Sweeps & Stove Installation**

Established over 30 years

Vac Brush, Full CCTV investigations.

Pots, Cowlings & Bird Protection fitted. Chimneys Lined.

Solid Fuel Appliances, Rayburns, Woodburners,

Stoves, etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554

Mob: 07737 533392

www.sweepdevon.com



For all your storage solutions in Harrowbarrow and Callington

- Self storage
- Secure units
- Competitive prices
- Easy 24/7 access
- Sales and Hire
- Delivery service available



01579 351050

www.tamarvalleytransport.com

HANDYMAN

Home and Garden Maintenance

Tavistock / Callington Area

Call Barry

Mobile: 07867 671509

Home: 01579 350463

A Home From Home
Boarding Cattery

Netley Farm,
Harrowbarrow

Enquiries Welcome

01579 350887

07933 085171

Licence Number LI18_006888

Awarded 4 stars by local authority

& fully insured



Odd Job John

Property Maintenance
Man & Van Hire Service

Obligation Free Quotes

Home: 01579 384696
Mobile: 07961 555761
oddjobjohn@btinternet.com



JULIET JOHNSON

Dru Yoga Teacher

Classes at Harrowbarrow &
Metherell Village Hall

One to One and small group sessions
by arrangement.
Building strength and resilience,
finding balance and stillness

julietmiayoga@gmail.com
[07871714401](tel:07871714401)

DOMESTIC HOME HELP

WEEKLY OR
FORTNIGHTLY CLEANS
ONE OFF CLEANS
SPRING CLEANS
IRONING
LIGHT GARDENING
OVER 10 YEARS
PROFESSIONAL
EXPERIENCE
PLEASE CALL NICOLA
07539588150
FOR ALL ENQUIRIES

Debbie's Care Services *Recruitment Agency*

tel: 0777 948 3230

Hello, my name is Debbie. I am a local lady who has been working in the community for over 30 years. I run a **Care Recruitment Service** placing fully trained carers in to community care roles. We provide the following services and more!

Assisting bathing/showering
Preparation of meals
Cleaning/shopping/ironing
Companionship/friendship & emotional support
Assisting with mobility
Day, evening & night care

Self Catering Apartment in Lower Metherell

Attached to our house, this is a bijou but very comfortable and modern apartment for one or two guests. Private entrance, patio garden and easy parking. Available all year with rates starting from £45 per night. Contact Amanda for more details and see photos and reviews via our AirBnB site: <https://airbnb.com/h/tamarvalleycornwall>.
Tel: 01579 350707 or 07402074696.
Email: asoutham321@gmail.com

Colin Chadwick - Tree Specialist

B. Sc (Hons) Forestry,
NPTC Qualified



Felling, crown reduction,
pruning, planting, hedge work.

Free & friendly advice.
Fully insured.

Tel. 01579 351282

www.colinchadwickcornwall.co.uk

NTEC Services

Plumbing, Heating and Gas.
Natural gas & LPG boiler
servicing/repair/installation

Sweet William Cottage, Rising Sun
Harrowbarrow, PL178JB

tel: 07917703666

nbilling@ntec-services.co.uk

www.ntec-services.co.uk

LET ME WRITE YOUR WILL

I am a retired Solicitor

so you know it will be done properly.
I always come to your home
so you feel more confident.

Couples can protect their home from
residential care fees. Let me tell you how.
I also cover Powers of Attorney - Living
Wills.

My prices are reasonable -
and there's no VAT!

MICHAEL GRUNDY tel 01579 351467

A QUALITY SERVICE -
A SENSIBLE PRICE

Dan Hunt Installation and Technical Support.

Daniel Hunt

07779253719 /
01822834638

Enhanced DBS Checked and Fully Insured.
From a simple plug to a WiFi Setup and more.

Give me a call so I can help.

You buy it I can install it.

TV, Aerial and Satellite fault finding.

Advice on how to use your appliances.

Flat pack TV stands and various item Assembly.

Electrical appliance repairs.

To list a few, Call me to see if I can help.

Continuing the 24 years local shop service experience.

Tel: 01822 834638
Mobile: 07779253719

Email. Danhunt.techservice@gmail.com

Find me on Facebook

Dan Hunt Installation and Technical support.

Richard Marshall-Evans

Upholstery & Repair
of antique & modern furniture

Wide range of fabrics available
Restoration of antique furniture & clocks etc.

Canework – chairs re-seated.
Furniture made to measure:
sofas, dressers, tables.

Free estimates

tel : 01822 834911
mob : 07720096917

www.marshallelevansrestorations.co.uk